

NOVEMBER

★ MENU ★

2024

	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5
MONDAY		 Holiday Día de Todos los Santos	 Holiday Independencia de Cartagena	<ul style="list-style-type: none"> Baked chicken leg Pasta soup Pilaf rice Potato wedges Broccoli au gratin Salad bar Fruit of the day Natural fruit juice/ Water 	<ul style="list-style-type: none"> Beef tenderloin fajitas Plantain soup White rice Plantain slice Mixed vegetables Salad bar Fruit of the day Natural fruit juice/ Water
TUESDAY		<ul style="list-style-type: none"> Fried fish Oatmilk cream White rice Manioc croquettes Stir-fried vegetables Salad bar Fruit of the day Natural fruit juice/ Water 	<ul style="list-style-type: none"> Meatballs in traditional sauce <i>Mondongoito</i> White rice Mashed potato Lentils in traditional sauce Salad bar Fruit of the day Natural fruit juice/ Water 	<ul style="list-style-type: none"> Powdered meat <i>Chorizo</i>, egg and <i>chicharrón</i> Bean casserole White rice Plantain slice Avocado Salad bar Fruit of the day Natural fruit juice/ Water 	<ul style="list-style-type: none"> Pork in BBQ sauce Vegetable soup Rice pilaf Criolla potato Stir-fried vegetables Salad bar Fruit of the day Natural fruit juice/ Water
WEDNESDAY		<ul style="list-style-type: none"> Baked chicken leg <i>Ajiaco</i> Rice pilaf Corn/ Arepa Avocado slice Salad bar Fruit of the day Natural fruit juice/ Water 	<ul style="list-style-type: none"> Valluna pork chops <i>Cuchuco</i> White rice <i>Marranitas</i> Mixed vegetables Salad bar Fruit of the day Natural fruit juice/ Water 	<ul style="list-style-type: none"> Fried fish Plantain soup Rice with sesame seeds Manioc croquettes Stir-fried vegetables Salad bar Fruit of the day Natural fruit juice/ Water 	<ul style="list-style-type: none"> Cordon Bleu Mushroom cream White rice Potatoes with mayonnaise and parsley Peas and carrots in traditional sauce Salad bar Fruit of the day Natural fruit juice/ Water
THURSDAY		<ul style="list-style-type: none"> Rice with chicken Minestrone soup Chip potato Tomato slice Salad bar Fruit of the day Natural fruit juice/ Water 	<ul style="list-style-type: none"> Chicken supreme Cuchuco White rice <i>Marranitas</i> Mix de verdura Salad bar Fruit of the day Natural fruit juice/ Water 	<ul style="list-style-type: none"> Meat cannelloni Pomodoro cream Baguette Fine herbs tomato Salad bar Fruit of the day Natural fruit juice/ Water 	<ul style="list-style-type: none"> Mini burger Onion soup White rice Arracacha chips Salad bar Fruit of the day Natural fruit juice/ Water
FRIDAY	 <ul style="list-style-type: none"> Meat tacos Mexican soup Yellow rice Refried beans/ tortilla chips <i>Guacamole</i> Salad bar Fruit of the day Natural fruit juice/ Water 	 <ul style="list-style-type: none"> Baked pork Julienne with BBQ sauce <i>Locro</i> Argentinian rice <i>Chipas</i> Salad bar Fruit of the day Natural fruit juice/ Water 	 <ul style="list-style-type: none"> Fetuccini in bolognese sauce Tomato cream Focaccia Capresse tomato Salad bar Fruit of the day Natural fruit juice/ Water 	 <ul style="list-style-type: none"> Galician rice Spanish consommé <i>Patatas bravas</i> Salad bar Fruit of the day Natural fruit juice/ Water 	 <ul style="list-style-type: none"> Maki sushi and Philadelphia sushi Battered fish Miso ramen Egg rolls Stir-fried vegetables Salad bar Fruit of the day Natural fruit juice/ Water